

KMS ACTIVITY FOR THR YEAR 2025 (March 25 Onwards)

8.3.25 - Celebration of International Women Day on 8th March, 2025 by KMS.

Kolkata Menopause Society and The Bengal Obstetric & Gynaecological Society together celebrated international women's day on 8th March, 2025 from 12.30 to 2.30 pm at Matri Mangal Pratisthan, 228 Rabindra Sarani, Kolkata – 700007.

The Inaugural Speech was given by Dr Nirmala Pipara, President, Kolkata Menopause Society. She emphasized the importance of Women's Day and why it is celebrated. A lady can change the whole family, build the future of family by her strong determination.

Dr Harsh Prabha Dutta, Consultant anaesthesiologist, gave an excellent speech on "Naari Shakti".

Dr Jaya Dugar, Consultant Gynaecologist gave a very enthusiastic speech. She stressed on the role of all women working & serving our hospital including nursing staffs, Dais and sweepers.

There were about 68 participants and every body enjoyed the dance by our OT in Charge Mrs Kamala Ganguli, recitations & Songs by Mrs Soma Ghosh.

Miss Padma Mondal added petals to flowers.

Many sisters presented different songs and group songs.

Snacks were served.

We had free Hb, Sugar Random, BMD tests on 7th March, 2025. Vit D3 test also done of our nursing & Para Medical Staff.

Free Iron & Calcium tablets were distributed.

The Programme was a great grand success.













21.05.2025 – Celebration of International Yoga Day Program was started exactly one month before International Yoga Day by Kolkata Menopause Society. This was the 1st national Yoga programme organized by Indian Menopause Society. Topic – General Yoga for Indian Women









27.05.2025 – Special Yoga for Diabetic, Obese & Hypertensive 40+ women, at MAGS Clinic, Salt Lake, Kolkata.







12.06.2025 – Yoga for Working Women. Indian Menopause Society in collaboration with National Institute of Homeopathy, Ayush, Ministry organized Yog Samavesh Programme on 12th June to 19 th June 2025. The Programme was supported by The Bengal Obstetric & Gynaecological Society. It was organized at Matri Mangal Pratishthan, 228, rabindra Sarani, Kolkata – 700007, an institute for Women & Child Welfare.

Miss Moumita Malash from National Institute of Homeopathy demonstrated and instructed different Assans & Yoga in general with special reference to “YOGA for Working Women”. Office Bearers from The Bengal Obstetric & Gynaecological Society, Dr Basab Mukherjee, President graced the occasion. Dr Bipasa Sen, Past Secretary General of Indian Menopause Society, Dr Bulbul Raichaudhuri, Advisor Public Awareness Committee, Dr Saktirupa Chakraborty, chairperson, Public Awareness Committee, Dr Subhas Ranjan Saha, Superintendent, Matri Mangal Pratishthan, Dr Nirmala Pipara, President, Kolkata Menopause Society, Dr Arun Jain, Pediatrician, Dr P K Chowdhury, Pediatrician, Dr Samira Saha, Gynaecologist, Dr Sudeshna, Dr Ritwik Biswas and many dignitaries from hospital graced the occasion.

Our nursing staff Madam Kamala Ganguly , Ms Soma, Ms Sabita, Ms Padma and all attended the programme with great enthusiasm.

Everybody appreciated the great show by Miss Moumita Malash.

Total no of delegates 75.

It was a grand success. Healthy Snacks were distributed at the end of programme.











13.06.2025 - Yoga for pregnant women and their family organised at doctor piparas clinic 158 Rabindra sarni Kolkata 7 in collaboration with Kolkata menopause society and Bengal obstetrics and gynecological society with the collaboration of the National Institute of Homeopathy on 13th June 2025 .

Miss Moumita Malash was the instructor from NIH. The total number of participants was 39.



14.06.2026 – Yoga for senior citizens organised at mahaveer Sadan 26/1 Ramesh Mitra road Kolkata 25. Organised Kolkata menopause society and Bengal obstetrics and gynecological society with the collaboration of the National Institute of Homeopathy on 14th June 2025 . Miss Moumita Malash was the instructor from NIH.

Jain conference president Manju Surana welcomed all the doctors instructors and guests of the society The total number of participants was 40













15.06.2025 - Yoga for hypertension, Diabetes and Ashma on 15th June at RB Diagnostic Kolkata.





16.06.2025 – Yoga for Adolescence at Mansur Habibulla School , Kudhghat, Kolkata











19.06.2025 – Yoga for Kids at Sankalp Vidhyala , Behala, Kolkata. No of students was 53.















On 19.6.25- Yoga for hypertension & asthma held at Mags.there were 20 participants and doctors from the Kolkata menopause society.The session was led by a trainer Miss Moumita Malash from the National Institute of Homeopathy.

21.6.2025 - Kolkata Menopause Society. A wing of Indian Menopause Society participated Yoga Sangam at National Institute of Homeopathy Kolkata. In association with URJO, 1500 college students, doctors, and members of URJO & Kolkata Menopause Society activity participated.











29.06.2025- A Public Awareness Programe & Talk Show was organized at Udyan Club on Cervical Cancer & Human Papiloma Vaccine (HPV) for Male & Female in collaboration with Bengal Obstetric & Gynecology Society.

18 June, 4:37 am



Public Awareness Programme

Public Awareness Programme and Talk on Cervical Cancer and Human Papilloma Vaccine (HPV) for Males and Females will be held in collaboration with Bengal Obstetrician & Gynecologist Society and Kolkata Menopause Society

Dr. Basab Mukherjee

(Obstetrician, Gynaecologist & Endocrinologist)
President Bengal Obstetrician & Gynecologist Society

Dr. Mrs. Nirmala Pipara

(Obstetrician & Gynaecologist)
President, Kolkata Menopause Society

At Amrapali Banquets (AC)
On Sunday, 29th June 2025
from 9.00 am until 11.30 am

Free Tests: Hemoglobin (HB); Random Blood Sugar (RBS);
Bone Mineral Density (BMD)

Light Snacks & Tea (from 9.00 am until 10.00 am)

Sandip Kumar Agarwal
(President)

Ready for Edit. Write comments



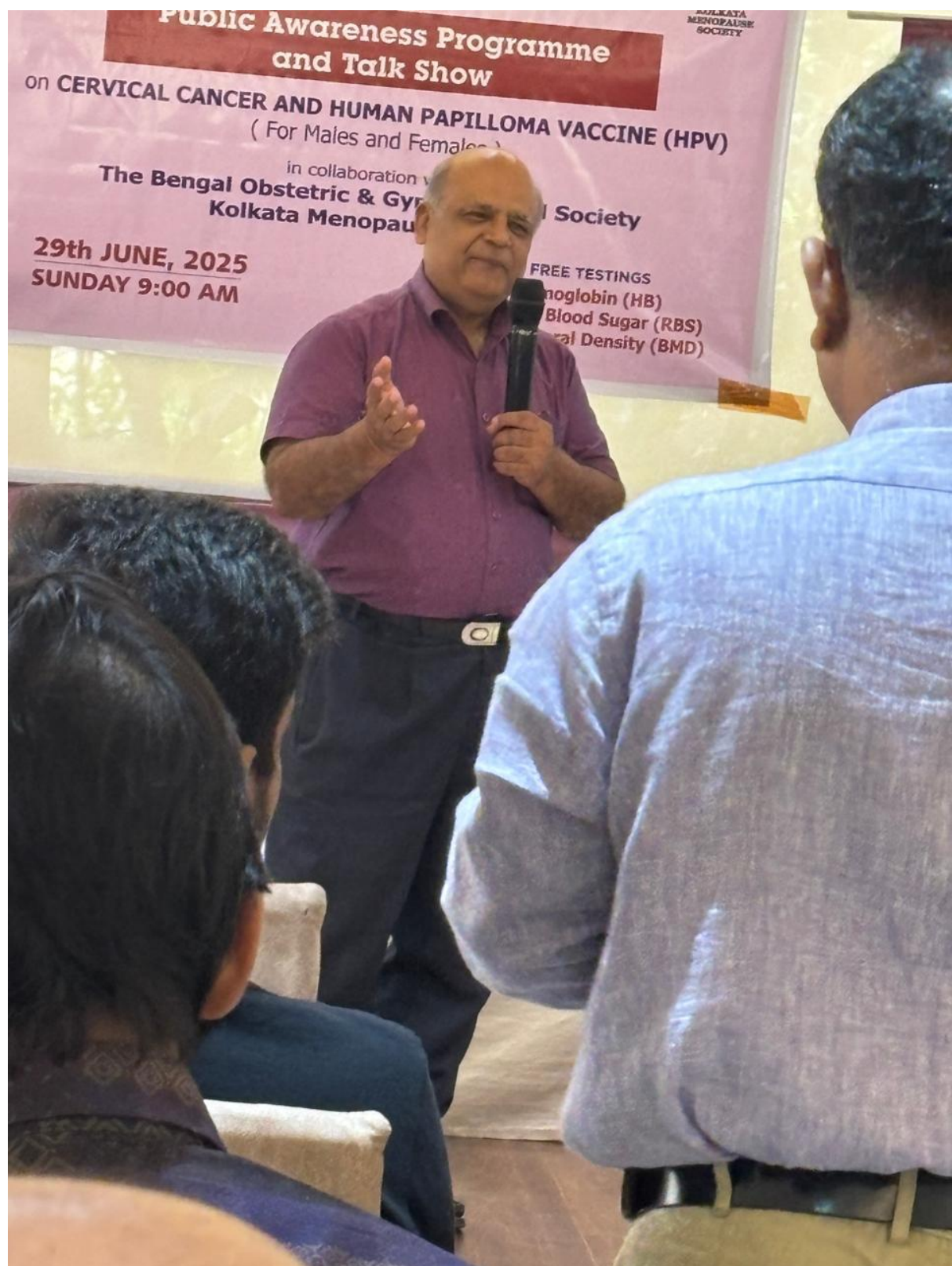
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15.07.2025 - Free Cervical cancer vaccination program at Sankalp Vidyalay, Pariwar Milan seva sansthan 4, S N Chatterjee Rd, Chamra patti, Behala New Alipore Taratala area (near railway colony) Kolkata 700038 On Tuesday 15/7/25 at 1.30 PM .

Vaccines donated by

Mr Bhagwan Das Agarwal and Mr Pawan Kumar Shah.

Senior Doctors of Bengal obstetrics and gynecological society and Kolkata Menopause society will be present there at the time of vaccination.









6.9.2025 - Kolkata Menopause Society organized BMD Camp at Mags Clinic on 6.9.25. Total no of participant 21. 5 of them are osteogenic, rest osteoporotic. Dr Ratnabali Chakravorty was present there.



7.9.25- Kolkata Menopause Society organized their 3rd Annual Conference on 7th Sep 2025 at Hotel Stadel salt Lake, Kolkata. 60 doctors are present. Inauguration by watering the holy Tulsi plant by senior and other members of Kolkata menopause society .The conference includes Orations, Guest Lectures, Panel Discussion, Debate and Recent Technological Updates. The public awareness program was lively and informative attended by 30 women. It was a grand success







16.09.2025 - Free Cervical cancer vaccination program 2nd dose at- Sankalp Vidyalay, Pariwar Milan seva sansthan 4, S N Chatterjee Rd, Chamra patti, Behala New Alipore Taratala area (near railway colony) Kolkata 700038 On Tuesday 16/9/25 at 1'o clock . 40 participants were vaccinated.

Vaccines donated by

Mr.Bhagwan Das Agarwal and Mr.pawan kumar shah .Dr Nirmala Pipara president Kolkata Menopause society will be present at the time of vaccination.







18.10.2025 – Kolkata Menopause Society & Bengal Obstetrics Society together celebrated International Menopause Day at Pratishruti , Salt Lake. President elect of FOGSI Dr Bhaskar Pal, past President of IMS Dr Ratnabali Chakravorty, President of BOGS Dr. Joha, President of KMS Dr Nirmala Pipara, Vice President of IMS Dr Bipasa Sen graced the occasion.









30.10.25 - A comprehensive health camp was organized at Anand Ashram, an old age home in Hamiragachi, Hooghly, by Kolkata Menopause Society and the Bengal Obstetric & Gynaecological Society on October 30, 2025.

The camp offered various health services, including:

- Investigations: Hb, CBG, TSH, and bone mineral density testing
- Physical check-ups: BP, pulse, weight measurement
- Psychological counselling
- Specific health talk for each beneficiary, as needed
- Free distribution of medicines

Out of a total 65 inmates of the ashram,

- 52 beneficiaries underwent BMD testing, out of which 25 beneficiaries are osteopenic and the rest are osteoporotic.
- 43 beneficiaries had Haemoglobin and CBG tests, out of which 4 beneficiaries had Hb% <10 gm/dl and none were <9 gm/ dl.
- Raised Blood sugar (Random) by CBG -5 beneficiaries.
- 36 beneficiaries had TSH tests.

The members present were Dr Nirmala Pipara, Dr Bipasa Sen, Dr Abinash Chandra Ray, Dr Nupur Chakraborty, Dr Tulika Jha and Dr Anirban Bhattacharyya.

The event seems to have provided valuable healthcare services to the elderly residents of the ashram.









15th & 16th Nov 2025 – Attended East Zone Conference at Cuttack, Bhubaneswar.

